# **MDA'S Health and Benefits Fair**

"Promoting Healthy Living-Taking Charge of Your Health"

## Educational Resources, Free Screenings, Exhibits, Door Prizes and More!

Thursday, September 14th, 2017 Woolfolk Building, Conference Room 145 10:00 a.m. - 2:00 p.m.



## Free Health Screenings and Education

Blood Glucose Blood Pressure Hearing & Vision Fitness Demonstrations Nutrition Tips

## Flu Vaccines

#### **MEA Medical Clinics**

\*\*\*Participants under the State Health Insurance Plan will need to bring the following: completed flu consent form, HIPAA form, a copy of both health insurance card and driver's license.

(See attached forms)

\*\*\*Non-participants, will need to bring the following: completed flu consent form, HIPAA form and a copy of driver's license. There will be a \$30.00 charge for the flu vaccine. (Cash Only)

### Fitness Program

**University Wellness Center** 

### Representatives

Arbonne

Diabetes Care Group A1c-Free Screening
Fleet Feet
EAP-MEA Cares
Keesler Federal Credit Union
Legal Shield
Leukemia Society-"Light The Night"
MS Deferred Compensation
MS Insurance Department

MPACT/MACS
MS Public Employees Credit Union
Sam's Club Vision Center